

Western HealthSciences

School of Kinesiology

KIN 2994A

Specific Populations, Healthy Engagement, Rehabilitation & Exercise (SPHERE)

Fall 2026

Campus Supports

Western University is committed to a **thriving campus**. For help with:

- Both physical and mental health, go to [Wellness & Wellbeing](#)
- Studying with disabilities, go to [Accessible Education](#)
- Writing skills, go to the [Writing Support Centre](#)
- Learning skills and strategies, go to [Learning Development & Success](#)
- Contacting the ombudsperson, go to the [Office of the Ombudsperson](#)



Your course coordinator can also **guide you** to available campus resources and/or services.

Technical Requirements

 Stable internet connection  Laptop computer

Important Dates

Classes Begin	Reading Week	Classes End	Study day(s)	Exam Period
September 9	October 10-18	December 9	December 10	December 11–22

September 30, 2026, is National Day for Truth and Reconciliation and is a non-instructional day

***September 17:** Add/drop date (no drop fee and the course will not appear on your transcript)

***November 30:** Last day to withdraw from course without academic penalty ('WDN' on transcript)

Contact Information

Course Coordinator/instructor	Contact Information	Office Hours
Dr. Molly Driediger	mdriedig@uwo.ca	Contact for appointment

Teaching Assistant(s)	Contact Information	Office Hours
TBD		Contact for appointment

NOTE: All course information including grades, assignment outlines, deadlines, etc. are available via [OWL Brightspace](#). Download the Brightspace Pulse App to stay up-to-date on course communication and enable your notification settings within “Communications” in the top toolbar. Check the website regularly for course announcements. If you need assistance, visit [OWL Brightspace Help](#) or contact the [Western Technology Services Helpdesk](#). They can be contacted by phone at 519-661-3800 or ext. 83800.

Calendar Course Description:

This course is an introduction to the basic knowledge and techniques essential in designing exercise programs for specific populations. Students are expected to learn, and put into practice, techniques used to develop muscular strength/endurance, flexibility and cardiovascular fitness.

Antirequisite(s): The former Kinesiology 2962A/B.

Prerequisite(s): Completion of the first year Kinesiology program and registration in the School of Kinesiology.

Extra Information: 5 lecture/laboratory hours.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

NOTE: If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be forwarded to your academic counsellor.

My Course Description

This course is a collaborative learning student-centered activity course. It is an introduction to the basic knowledge and techniques essential in designing activity and exercise programs for a sample of specific populations. Students are expected to learn and put into practice evidence-based techniques used to develop muscular strength, muscular endurance, flexibility, aerobic fitness, and healthy physical activity for select populations. These populations may include: pre/postnatal, older adults, preschoolers and children, metabolic conditions, chronic disease, and disability.

Overarching Course Objective:

Everyone needs to move to be healthy. All individuals have the right to engage in accessible, safe, and effective physical activity.

Learning Outcomes/Schedule:

Upon completion of this course, students will be able to:

1. Apply knowledge and gain exposure in **real-world settings** to learn to value service through independent field-based experiential learning with community partners (e.g., Special

Olympics, Canadian Centre for Activity and Aging, London Wheelchair Basketball, Blizzards Sledge Hockey, Track 3 Adaptive Ski School, etc.).

2. **Engage** in local community-based group exercise classes to **critically reflect, evaluate** and **compare** leadership styles, instructional practices and class design elements.
3. Recognize and implement evidence-based, targeted **physical activity guidelines for all ages** when designing conditioning programs for individuals from select populations.
4. Source, interpret, **critically appraise**, and discuss physical activity-related media and scholarly articles and **collaborate** with others to **organize, and deliver** succinct information to peers.
5. **Recognize, appreciate and reflect on** the benefits of a physically active lifestyle, including potential barriers and facilitators for select populations.
6. **Design and prescribe safe, effective** activities or exercise programs that target physical literacy, promote healthy movement and improve muscular strength and endurance, flexibility, and cardiorespiratory fitness to individuals from select populations.
7. **Plan, create, deliver, and participate** in a variety of activities targeted at specific populations to apply strategies used by instructors to motivate, educate, and engage participants.
8. Provide **constructive, effective feedback** to peers to share understanding and to improve the safe, effective prescription of exercise to specific populations.
9. **Translate and communicate health and exercise knowledge** succinctly using plain language for a general audience.

Delivery Mode: **Blended, ~5h/week**

Component	Date(s)	Time
Lectures In-person (1h/week)	Mondays To do well in this course, students must attend lectures and participate in active learning opportunities.	2:30-3:30

Component	Date(s)	Time
Labs In-person (2h/week)	T/W/Th Labs are set up as a flipped classroom . Students are expected to review the online content and lab instructions on Brightspace prior to attending each lab. Lab time is then used to engage in hands-on, collaborative activities that requires application of the knowledge read or viewed prior (Educause, 2012). Labs are movement-based. Expect to move, sometimes at higher intensities. Please dress in clothing that allows you to be comfortable engaging in physical activity. Clean, dry running shoes are required in the gym.	See schedule below.
Online Lab prep, e-modules, case studies, readings, (~2h/week)	The Content tool in OWL Brightspace will be used to post lecture slides, outline lab tasks, learning objectives and resources. In addition to labs and lectures, expect to spend 1-2h each week reviewing information in preparation for labs, completing e-modules, reading assigned articles and planning/engaging in independent field trips.	Posted by Friday for following week
Community engagement Off-campus independent field trips (~1-2h/activity)	*Independent off-campus field trips: Students are expected to plan, schedule, prepare for, travel to/from and participate in community-based experiences independently (or with classmates) outside of class time.	Students sign-up for and attend independently

Laboratory Schedule (TBD):

Lab section ¹	Day	Time	GTA
002	Tu	9:30-11:30	
003	Wed	11:30-1:30	
004	Th	1:30-3:30	

¹ Due to a strict maximum number of students in each laboratory section, students are not permitted to attend alternate lab sections. YOU MUST ATTEND THE SESSION YOU ARE REGISTERED FOR. There are no make-up sessions for missed labs.

Course Content and Tentative Schedule

Week	Lecture	Online Lab Prep	Lab	Evaluation
Sept. 9 th	N/A	Read syllabus, browse OWL site	NO LABS E-module	
Sept. 14 th	Lecture 1	Review exercise prescription and training principles Plan for Independent Field Trip Assignments	LAB 1 Select group & specific population	
Sept. 21 st	Lecture 2	Review consultation & fitness assessment	LAB 2	Lab participation 1
Sept. 28 th	Lecture 3 NO LABS WED (Sept. 30th - National Day for Truth & Reconciliation)	Strength training Review exercise variations, adaptations and substitutions	Labs 3/ NO LAB WED	Lab participation 2
Oct. 5 th	Lecture 4	Aerobic training	LAB 4	Lab participation 3
Oct. 12 th	FALL READING WEEK No labs or lectures			
Oct. 19 th	Lecture 5	Exercise prescription	LAB 5	Lab participation 4
Oct. 26 th	Lecture 6	Exercise prescription	LAB 6	Lab participation 5
Nov. 2 nd	Lecture 7	Prep for presentation	LAB 7 Lab task: Specific pop activity rehearsal	Lab participation 6
Nov. 9 th	Lecture 8	Prep for presentation	LAB 8 Student-led lab	Lab participation 7

Nov. 16 th	Lecture 9	Prep for presentation	LAB 9 Student-led lab	Lab participation 8
Nov. 23 rd	Lecture 10	Prep for presentation	LAB 10 Student-led lab	Lab participation 9
Nov. 30 th	Lecture 11		LAB 11 Student-led lab	Lab participation 10
Dec. 7 th	NO LECTURE			

Course Materials You Must Acquire and Their Costs

- **No textbook required. Readings will be posted on Brightspace at no cost.**
- All activities offered through community partners for the Independent Field Trips are **complimentary** (no charge). We are fortunate to have funding for this course and amazing partnerships. *Students who choose to engage in an activity that is not provided through a partnered organization will be responsible for paying the costs associated with that activity. Cost is activity dependent.*

Tips to Succeed in this Course:

- Read the course outline!
- Review the online content prior to your lab. Stay up to date on this. Prepare in advance for lab by completing the pre-lab tasks.
- Attend and participate in lectures. Apply content during active learning opportunities.
- Attend and participate in labs. Collaborate. Apply content. Move! Coach!
- Put the independent field trips into your calendar now. Make a plan, sign up to complete them early in the semester as spaces are limited and are first-come, first-served.
- This will help you prepare for other assignments (exercise delivery) and give you time when things pile up and get hectic later in the semester.
- Prepare to submit videos before you engage in each community-based activity. Know the information you need to provide in each video.
- Put the assignment due dates into your calendar now. Review the assignments and ask questions now. Know what needs to be done and when it needs to be submitted.
- **Make friends, work together, have fun!**
- **Practice, practice, practice!**

*Independent Field Trips:

Students are responsible for attending two **(2) community-based** physical activities, including:

1. **One Canadian Centre for Activity and Aging (CCAA) & City of London senior group exercise class. It is highly recommended that students complete this early in the term, before reading week.** While only one class is mandatory, it is highly recommended that students attend an additional class to gain exposure to both level 1 and level 2 class structure. It would be advantageous for students to attend one level 1 and one level 2 class, in that order, preferably with the same instructor, at the same location. Students can expect to be helping the class instructor as needed. This may include all or some of: equipment set up or clean up, engaging in exercise, providing demonstrations at the front and/or assisting individual exercise class participants. **Sign-up early as spaces are limited and are first-come, first-served. If left too late, spaces cannot be guaranteed.** Sign-up at least 7 days prior to the class, at a time/location that you know you can attend. There is a person from the CCAA managing the sign-up process and communicating with personnel from the City of London. Please do not sign-up and then cancel repeatedly. This creates a lot of unnecessary

administrative work.

2. **One physical activity** to be selected from a variety of “menu” options provided by participating local partnered organizations (e.g., Wheelchair Basketball, Special Olympics, StrongHer fitness, Sledge Hockey, Hutton House, etc.). **Sign-up early for posted partner organizations as spaces are limited and are first-come, first-served. If students have not signed up by Oct. 30th, spaces cannot be guaranteed. Students who do not reserve a spot will have to find their own population to engage in exercise with independently (e.g., grandparent, injured friend, Motionball, etc.).**

The following points apply to all field trip components:

- **Field trip forms (waivers for liability)** must be signed and **submitted to OWL Brightspace Assessments prior to traveling to EACH of the off-campus facilities for the first time**. Students are required to submit 2 separate forms. These can be submitted at any time prior to traveling to each activity, once the date has been decided.
- **For each independent field trip, students must submit a 10-30 second video as evidence of their engagement (worth 5% each). That is, each student will submit a total of 2 videos: one video for the CCAA and City of London senior exercise class (only one video is required if a student attends more than one) and one video for the specific pop field trip. Video must clearly show the student at the location/organization, provide evidence that they attended and engaged in the activity, and show the time and date of the activity. The date must match the date written on the field trip form.**
- **Students who do not submit the field trip form prior to traveling to the activity and/or fail to submit a video will receive a grade of zero on the 5% video submission.** Both components must be submitted to be graded.
- **Students will require the use of a bus pass, or a reliable method of transportation, to travel to/from City of London facilities and other London-based community organizations.** Again, complete the field trip form prior to travel.
- Classes and activities are available at numerous times throughout the weekdays and evenings. Students are expected to find a time that works with their schedule. Plan early in the term to avoid scheduling conflicts and/or limited availability of activities.
- It is expected that each student arrives prepared to participate and help others participate in the activity. Students should be dressed appropriately to engage in the respective activity.
- Students are expected to be respectful of the facility, all instructors/coaches and other participants or clientele. You are representing Western and the School of Kinesiology. Reports of inappropriate behavior will result in a grade of zero on your assignment and any deviations to the [Student Code of Conduct](#) will result in disciplinary action.
- Students are expected to fully participate in each field trip activity or senior exercise class. **Those who are unable to engage fully due to extenuating circumstances (e.g., injury) must obtain formal approved academic considerations and discuss options with Dr. Driediger.**
- **Most importantly, try something new and have fun!!!**

Course Conduct:

Students are expected to attend all lectures and labs (see *course-specific conditions below*), to be prepared and on-time, to demonstrate effortful engagement and professional and collaborative conduct at all times.

The lab work is often completed within a group. **It is critical that students attend the first 3 labs when groups are formed and topics are selected.** Follow up quickly with instructors if you have enrolled in the course late. **A missed lab due to late course enrolment is still counted as a**

missed lab. Students will receive zero for the missed week's lab participation. Students are expected to contribute equally to their group work. For all absences, students are expected to connect with peers to gather any missed content and continue to contribute to group work.

Etiquette:

I prefer to be addressed by my professional title (Dr.); however, it is acceptable to use the first names of your graduate teaching assistants (GTAs). If you have a preferred name or pronoun that we get wrong, or if we mispronounce your name, please correct us. We wish to foster a respectful learning space where all students feel welcome and comfortable to ask questions, share ideas and diverse perspectives. I expect students and instructors to be respectful and supportive of each other at all times.

Assessments and Evaluation

Below is the tentative evaluation breakdown for the course. This is subject to change before classes resume in September. Final evaluation plans will be distributed on the first day of class.

Assessment	Weight	Description	Learning Outcome	Flexibility/Due Date
LAB PARTICIPATION	10%			
Lab Participation	10%	Students will work to complete assignments and fulfill learning objectives. 1 mark = proof of lab task completion <i>during lab time</i> (not accepted at any other time). Mark achieved on best 10 of 11 labs will be applied to final grade. Each lab is worth ~1%.	3-10 Drop lowest	Assessed at end of each lab, starting Week of Sept. 14th . There are a total of 11 labs.
COMMUNITY ENGAGED INDEPENDENT LEARNING ASSESSMENTS	20%	Students must complete at least 2 community field trips.		
*Field Trip Assignment # 1: Older adult CCAA exercise class video	2.5% - video	Students will independently sign-up for and attend one group exercise class targeted at older adults and delivered by the Canadian Centre for Activity and Aging (CCAA) and City of London. Field trip form # 1 due prior to engagement. A 10-30 second video of the student before, and/or after the senior exercise class will be submitted as evidence of participation	4, 6, 8, 9 72-hour no late penalty	Any time prior to Dec. 1st
*Field Trip Assignment # 2: Specific Pop video	2.5% - video	Students will independently sign-up for and attend one partnered specific population physical activity.	4, 6, 8, 9 72-hour no late penalty	Any time before Dec. 1st

		1. Field trip form # 2 2. A 10-30 second video of the student before, and/or after the specific pop activity will be submitted as evidence of participation.		
Specific Pop Infographic	15% Submit an infographic	Students will submit an infographic to apply course content and reflect on one of their specific pop field trip experiences.	4, 6, 8, 9 72-hour no late penalty	Dec. 4th
PRACTICAL GROUP ASSESSMENTS	40%			
Specific Population Lecture Slide Assignment	10%	In groups of 4 , students will be required to create a 15 slide PowerPoint saved as PDF to introduce and review exercise prescription for their selected population. <i>Once graded, these will be distributed and used as testable content on final exam.</i>	1, 2, 3, 4, 5, 10 72-hour no late penalty	Oct. 14th
Final Practical: Specific Population Activity Presentation	25%	In groups, students will be required to plan, instruct and lead an activity or exercise class targeted to individuals from a select population.	5, 6, 7, 10 Designated assessment. No undocumented absences.	Presented as scheduled during lab time in last 4-5 weeks of labs
Strength-Based Feedback Delivery	3%	Students who engage in each student-led exercise class will deliver strength-based feedback to the student instructors.	5, 8, 9, 10 Students must have approved academic considerations to miss. If not, student receives a zero.	As scheduled during lab time in last 4-5 weeks of term
Peer Evaluation	2%	Students will provide an evaluation of each of their group members based on contribution to all group assignments.	Not applicable.	Dec. 5th
TESTS	30%			
In-class tests	30%	Best 2 of 3 in-person lecture quizzes.	3, 5, 8, 9	Dates TBD

		Multiple choice, on paper, in-class.	Drop lowest	
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✓ Lab Participation (10%)

- **Format:** This is a movement course. The laboratories within this course are designed to provide students with the opportunity to apply concepts discussed in lecture. It is important that all students in this course observe, analyze, and take part in in-lab activities in real time. There are **11 in-person labs** in the Winter term and students are expected to attend and fully participate in all labs. Due to a strict maximum number of students in each laboratory section, students are not permitted to attend alternate lab sections. There are no make-up labs, nor is it possible to reschedule a lab.
- **Content:** Specified lab tasks completed during lab time only. Graded for completion (not correctness). Weekly Laboratory Tasks = Exit Ticket.
- **Flexibility:** You must attend the entire laboratory session and complete the lab task to earn 1% each for **10 out of the 11 in-person laboratory sessions** scheduled throughout the semester. Thus, you may miss one laboratory session without penalty.
- **Conditions:** If faced with extenuating medical or compassionate circumstances, students can miss one lab (and laboratory task) without academic penalty and without explanation or submission of an academic consideration request. If an academic consideration request is submitted without supporting documentation (i.e., an “undocumented absence” request), this will be used as the one missed lab. If a student already has one lab absence, the undocumented consideration request will be denied, and the lab will be marked as zero. If a student is absent for more than one lab, they are required to submit supporting documentation with their academic consideration request to obtain approval from the Kinesiology academic advisors/course instructor; otherwise, lab participation for that lab will be zero. Those with approved academic considerations will have the weight of that lab redistributed over the completed labs.

As a movement course, completion of weekly labs is fundamental for the achievement of the course learning outcomes. Accordingly, even with approved consideration, students must attend a minimum number of in-person labs to pass the course (8 of 11). **Students who miss more than 3 laboratories with or without academic considerations will be unable to fulfill the course learning objectives and will receive an ‘F’ (fail) in this course.**

✓ Community Engaged Independent Learning Assessments (25%)

- **Format:** 2 x field trip form submission (waivers of liability – no marks), 2 x video submission (2.5% each) and one Specific Population infographic (15%) to be submitted on Brightspace. Videos are intended to provide evidence of participation in each community-based activity. **Video content must clearly identify the location, time, date, activity and include the student.** Graded based on Brightspace rubric.
- **Flexibility:** Should students experience extenuating circumstances, students are permitted to submit the assignment up to 72 hours past the deadline without a late penalty. No Academic Consideration is required for this extension.
- **Conditions:** If a field trip form and/or video is not submitted, the student will receive zero on that field trip assignment. Both components must be submitted to be graded. Students submitting their assessment beyond the extended deadline (after

11:59 pm 72h after the stated due date) will receive a zero. Academic Consideration requests may be granted only for extenuating circumstances that began before the deadline and lasted longer than the extension. Those who receive considerations must contact the instructor within 24h of the approval to determine the new due date. **Students must not provide medical or compassionate documentation to the instructor(s).**

☑ **Group Presentations (35%)**

- **Format:** In-person, during lab time; **date of presentations (i.e., final practical and strength-based feedback delivery) selected in first lab**; 10 min; 50 min; 5-10 min, respectively.
- **Flexibility:** Not applicable. This assessment has been designated as being central to the assessment of learning outcomes in this course (designated assessment).
- **Conditions:** No make-ups or extensions. Presentations may be rescheduled on an individual basis with approved academic considerations only. Documentation must be provided for any extenuating circumstances. As with any extenuating circumstance, students must submit their request for consideration with supporting documentation through the Student Absence portal. Only the student with extenuating circumstances must submit. Other students in the group will have the opportunity to continue with their scheduled presentation.

☑ **Tests (30%)**

- **Format:** In-class, on paper. **Dates TBD**
- **Flexibility: Drop lowest grade:** There are 3 tests in total. However, only the top 2 scores will be counted, each worth 15%. This allows you to miss one test without penalty. This includes any missed test, with or without academic considerations.
Conditions: There are no make-ups or extensions. If more than one test is missed without approved academic considerations, only the first missed test will be dropped and a grade of zero will be assigned to all others. If academic considerations are approved for missed tests, the weight(s) will be redistributed onto the completed tests. The tests are flexible assessments that are not eligible for undocumented absences. With approved consideration requests, if all tests are missed, the student will write a 3h cumulative make-up exam, after the final exam period, in May.

General information about assessments

- ☑ All assignments are due prior to 23:55 EST unless otherwise specified.
- ☑ Students are responsible for ensuring that the correct file version is uploaded; incorrect submissions including corrupt files could be subject to late penalties (see below) or a zero.
- ☑ Written assignments will be submitted to Turnitin (statement in policies below).
- ☑ Students will have access to Turnitin reports before their submission is graded. Students may have 2 submissions to Turnitin.
- ☑ Group projects are expected to be a group effort. This means that all students in the group will receive the same grade. It also means that all students will receive the same penalty if any portion of the project is determined to be plagiarized.
- ☑ A student might not receive the same grade as their group members if it is determined that the distribution of work was not equal. Students are expected to create and sign a group contract at the start of term to commit to identified group roles and responsibilities. Students will also have the opportunity to provide a peer evaluation of their group member's contribution to assignments.

- ✓ After an assessment is returned, students should **wait 24 hours** to digest feedback before contacting their evaluator; to ensure a timely response, reach out within 7 days.
- ✓ Prior to the filing of a written request for relief, students must attempt to resolve the concern regarding a mark or grade through informal consultation with the instructor. If the student is dissatisfied with the decision of the instructor or does not receive a decision from the instructor, a written request for relief must be submitted to the Undergraduate Chair of the School offering this course, within three (3) weeks from the date that the mark was issued.

The table below outlines University-wide grade descriptors.

Letter grade	Number grade	Description
A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work which is clearly above average
B	70-79	Good work, meeting all requirements, and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable
F	below 50	Fail

Rounding of Grades (for example, bumping a 79 to 80%)

This is a practice some students request. The final grade documented is the grade that you have achieved. There is no rounding to the next grade level, or 'giving away' of marks. Please don't ask me to do this for you; the response will be "please review the course outline where this is presented".

INC (Incomplete Standing): If a student has been approved by the Academic Advising Office (in consultation with the instructor/department) to complete term work at a later date, an INC will be assigned. Students with INC will have their course load in subsequent terms reduced to allow them to complete outstanding course work. Students may request permission from Academic Advising to carry a full course load for the term the incomplete course work is scheduled.

SPC (Special examination): If a student has been approved by the Academic Advising Office to write a Special Examination and the final exam is the only outstanding course component, an SPC will be assigned. If the class has a makeup exam, the student is expected to write the makeup exam. If the class doesn't have a makeup exam or the student misses the makeup exam for reasons approved by the Academic Advising Office, the student will write the exam the next time the course is offered. Outstanding SPCs will reduce the course load for the term the exam is deferred as outlined in [Types of Examinations](#) policy

Academic Policies and Statements

Support Services

There are various support services around campus and these include, but are not limited to:

1. Academic Support and Engagement - <http://academicsupport.uwo.ca>
2. Wellness and Well-being - <https://www.uwo.ca/health/>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

The websites for Registrarial Services (<http://www.registrar.uwo.ca>), and the same for affiliated university colleges when appropriate, and any appropriate Student Support Services (including the services provided by the USC listed here: <http://westernusc.ca/services/>) and the Student Development Services, should be provided for easy access.

Students who are in emotional/mental distress should refer to Mental Health@Western (<https://www.uwo.ca/health/>) for a complete list of options about how to obtain help.

Statement on Gender-Based and Sexual Violence

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at:

https://www.uwo.ca/health/student_support/survivor_support/get-help.html.

Statement on Harassment and Discrimination

Western is committed to providing a learning and working environment that is free of harassment and discrimination. All students, staff, and faculty have a role in this commitment and have a responsibility to ensure and promote a safe and respectful learning and working environment. Relevant policies include Western's Non-Discrimination/Harassment Policy (M.A.P.P. 1.35) and Non-Discrimination/Harassment Policy – Administrative Procedures (M.A.P.P. 1.35). Any student, staff, or faculty member who experiences or witnesses' behaviour that may be harassment or discrimination **must report the behaviour** to the Western's Human Rights Office. Harassment and discrimination can be human rights-based, which is also known as EDI-based, (sexism, racism, transphobia, homophobia, islamophobia, xenophobia, antisemitism, and ableism) or non-human rights-based (personal harassment or workplace harassment).

Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>

Absence from Course Commitments

Students must familiarize themselves with the Policy on [Academic Consideration – Undergraduate Students in First Entry Programs](#)

Students missing course work for medical, compassionate, or extenuating circumstances can request academic consideration by completing a request at the [central academic consideration portal](#). Students are permitted one academic consideration request per course per term **without** supporting documentation. Note that supporting documentation is **always** required for academic consideration requests for examinations scheduled by the office of the registrar (e.g., December and April exams) and for practical laboratory and performance tests (typically scheduled during the last week of the term).

Students should also note that the instructor may **designate** one assessment per course per term that requires supporting documentation. This designated assessment is described elsewhere in this document. Academic consideration requests may be denied when flexibility in assessment has already been included. Examples of flexibility in assessment include when there are assessments not required for calculation of the final grade (e.g. 8 out of 10 quizzes),

when there is flexibility in the submission timeframe (e.g. 72 hour no late penalty period), or when timed assessments (e.g., quizzes) are available over an extended period of time (e.g., when you are given a 72 hour time period to start – and finish – the assessment).

Please note that academic considerations in this course are granted by the academic advisors in your home unit and implemented by the instructor of this course in accordance with information presented in this course syllabus. Supporting documentation for academic considerations for absences due to illness should use the [Student Medical Certificate](#) or, where that is not possible, equivalent documentation by a health care practitioner. If your absence relates to accommodations that are already supported by [Accessible Education](#), please work with your accessible education counsellor regarding your missed course work.

Accommodation for Religious Holidays

Students should review the policy for [Accommodation for Religious Holidays](#). Where a student will be unable to write examinations and term tests due to a conflicting religious holiday, they should inform their instructors as soon as possible but not later than two weeks prior to writing the examination/term test. In the case of conflict with a midterm test, students should inform their instructor as soon as possible but not later than one week prior to the midterm.

Special Examinations

A Special Examination is any examination other than the regular examination, and it may be offered only with the permission of the Dean of the Faculty in which the student is registered, in consultation with the instructor and Department Chair. Permission to write a Special Examination may be given on the basis of compassionate or medical grounds with appropriate supporting documents. To provide an opportunity for students to recover from the circumstances resulting in a Special Examination, the University has implemented Special Examination dates. The Faculty of Health Sciences has set School-specific dates for these Special Examinations. Please speak with your instructor about the date on which the Special Examination for this course will be held.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the policy on [Scholastic Discipline for Undergraduate Students](#).

Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (www.turnitin.com).

Use of Artificial Intelligence for the Completion of Course Work

Within this course, you may only use artificial intelligence tools (e.g., "ChatGPT") in ways that are specifically authorized by the course instructor. All submitted work must reflect your own thoughts and independent written work.

Re-submission of Previously Graded Material

Without the explicit written permission of the instructor, you may not submit any academic work

for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

Use of Statistical Pattern Recognition on Multiple Choice Exams

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

Accessibility Statement

Please contact the course instructor if you require material in an alternate format or if you require any other arrangements to make this course more accessible to you. You may also wish to contact Accessible Education (AE) at 661-2111 x 82147 for any specific question regarding an accommodation or review [The policy on Accommodation for Students with Disabilities](#). If you think you may qualify for ongoing accommodation (e.g. separate room to write exams, flexibility with deadlines, etc.) that will be recognized in all your courses, we encourage you to visit [Accessible Education](#) for more information.

Correspondence Statement

The centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at their official university address is attended to in a timely manner. Students are further expected to attend to announcements presented through Brightspace, and to read emails generated in this way.

Use of Electronic Devices

During Exams

Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices (e.g., cell phones, tablets, cameras, smart glass, smart watches, or iPods) during ANY tests, quizzes, midterms, examinations, or other in-class evaluations. **These devices MUST either be left at home or with your belongings at the front of the room. They MUST NOT be at your test/exam desk or in your pocket. Any student found with a prohibited device will be referred for investigation of a Scholastic Offence, per the policy listed above. The typical first-offence penalty for possession of a prohibited device is zero on the test or exam.**

During Lectures and Tutorials

Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class.

Copyright and Audio/Video Recording Statement

Course material produced by faculty is copyrighted and to reproduce this material for any purposes other than your own educational use contravenes Canadian Copyright Laws. Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

Contingency Plan for an In-Person Class Pivoting to 100% Online Learning

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on Brightspace for students to view

at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

Online Proctoring

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

Academic Appeals and Scholastic Offences

Students can file a **request for relief from academic decisions** if the request is based on one or more grounds listed in the policy. Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services sections of this document.

Students may **appeal** some academic and scholastic disciplinary decisions by a Dean or their designate, to the Senate Review Board Academic (SRBA). Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services section of this document.