

School of Kinesiology

KIN 4590 Clinical Kinesiology Placement

Fall 2026 & Winter 2027

Campus Supports

Western University is committed to a **thriving campus**. For help with:

- Both physical and mental health, go to [Wellness & Wellbeing](#)
- Studying with disabilities, go to [Accessible Education](#)
- Writing skills, go to the [Writing Support Centre](#)
- Learning skills and strategies, go to [Learning Development & Success](#)
- Contacting the ombudsperson, go to the [Office of the Ombudsperson](#)



Your course coordinator can also **guide you** to available campus resources and/or services.

Important Dates

Fall Term

Classes Begin	Reading Week	Classes End	Study day(s)	Exam Period
September 9	October 10-18	December 9	December 10	December 11-22

September 30, 2026, is National Day for Truth and Reconciliation and is a non-instructional day

November 30, 2026: Last day to withdraw from a first-term half course without academic penalty

Winter Term

Classes Begin	Reading Week	Classes End	Study day(s)	Exam Period
January 4	February 13-21	April 9	April 10-11	April 12-30

March 30, 2027: Last day to withdraw from a second-term half course without academic penalty


Delivery Mode: Practicum



Component	Date(s)	Time	Location
Clinical Placement	<i>Fall Term: Sep 15 to Dec 4*</i> <i>Winter Term: Jan 5 to Apr 9*</i>	75 hours per term	Placement Site
Seminar	Monday (4-6 times per term)	2:30-4:30	UCC 65

****Placement hours must be completed within these dates. If you complete 75 hours prior to the end of these dates, you must continue attending placement as according to the schedule agreed upon with your supervisor.***

NOTE: All course information including grades, assignment outlines, deadlines, etc. are available via [OWL Brightspace](#). Download the Brightspace Pulse App to stay up-to-date on course communication and enable your notification settings within “Communications” in the top toolbar. Check the website regularly for course announcements. If you need assistance, visit [OWL Brightspace Help](#) or contact the [Western Technology Services Helpdesk](#). They can be contacted by phone at 519-661-3800 or ext. 83800.

Contact Information

Course Coordinator/Instructor		Contact Information	Office Hours
	Dr. Jeremy Walsh	Jwals4@uwo.ca 519-661-2111 ext. 88139	Monday 2:30-4:30 Thames Hall Room 4170

Experiential Learning Coordinators	Room	Phone	E-mail
	Allison Kampman	HSB219	519-661-2111 x84582
	Dr. Michelle Sugar	TH3177	519-661-2111 x88959

Calendar Course Description (including prerequisites/anti-requisites):

This course offers students the opportunity to apply concepts and professional practice skills by gaining kinesiology experience working directly with clients/patients to optimize ‘performance’ (i.e. in sport) or ‘health’ (i.e. prevention and/or management of chronic disease and impairment).

Prerequisite(s): Registration in the B.A. Honours Specialization in Clinical Kinesiology.

Extra Information: You will attend clinical placement as per the schedule agreed with your placement preceptor, ensuring that you complete 75 hours in each of the Fall and Winter terms for a total of 150 hours. In-person classes will occur 4-6 times per semester (see schedule) with remaining scheduled class times used for office hours as needed. Students will be permitted to take a maximum of 1.0 credits from Kinesiology 4495, Kinesiology 4498A/B, Kinesiology 4585, Kinesiology 4590, Kinesiology 4995A/B/Y (or the former Kinesiology 4995F/G), Kinesiology 4996A/B/Y (or the former Kinesiology 4996F/G), and Kinesiology 4997.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

My Course Description

This experiential course provides senior kinesiology students with supervised, hands-on practice in clinical, community, or performance-based settings. Over two semesters, students integrate their foundational kinesiology knowledge while working directly with clients/patients to support human movement and performance enhancement, injury prevention, and the management of chronic conditions.

Students develop professional competencies in assessment, program design, implementation, and progression of movement-based interventions. Emphasis is placed on evidence-informed practice, ethical decision-making, interprofessional collaboration, and reflective practice. Through structured placements, seminars, and guided reflection, students refine their clinical reasoning, communication skills, and professional identity in preparation for entry into kinesiology and allied health professions.

Essential Questions

1. What does effective, client-centered care look like in kinesiology practice?
2. How do we use assessment to inform our decisions and interventions?
3. How should a kinesiologist respond when faced with uncertainty, risk, or competing priorities?

Learning Outcomes

Upon successful completion of this course, you will be able to:

1. **Conduct** comprehensive movement and health assessments and interpret findings to identify client needs in supervised clinical, community, or performance settings.
2. **Design** individualized, evidence-informed movement or exercise programs that align with client goals, conditions, and contextual factors under supervision.
3. Safely **implement**, monitor, and modify movement interventions based on client response and ongoing assessment during placement experiences.
4. **Justify** clinical decisions using assessment data, client feedback, and relevant evidence in written or oral case reflections.
5. Demonstrate effective, respectful **communication** with clients and collaborate with supervisors and interdisciplinary team members in professional practice settings.
6. **Critically reflect** on their experiences to identify strengths, limitations, and strategies for improvement through structured reflective activities.

Transfer Goals

After this course, students will independently use their learning to:

1. Assess, design, implement, and adapt evidence-informed movement and exercise programs for diverse clients across clinical, community, and performance settings.
2. Apply clinical reasoning to make safe, ethical, and effective decisions when supporting clients with varying conditions and goals.
3. Communicate, collaborate, and reflect as health professionals to build trust, work within interprofessional teams, and continuously improve their practice.

Course Content and Schedule

Fall Term

Week	Dates	In-person session	Things due
1			
2	Sept 14	Course Introduction	
3	Sept 21		Fall Learning Contract (Sep 27)
4	Sept 28		September InPlace Timesheet (Oct 4)
5	Oct 5		
6	Oct 10-18	Reading Week	
7	Oct 19	Seminar 1	Placement Presentations in class
8	Oct 26		October InPlace Timesheet (Nov 1)
9	Nov 2		
10	Nov 9	Seminar 2	Placement Presentations in class
11	Nov 16		
12	Nov 23		
13	Nov 30	Seminar 3	Placement Presentations in class November InPlace Timesheet (Dec 6)
14	Dec 7		Preceptor Performance Appraisal 1 (Dec 10)

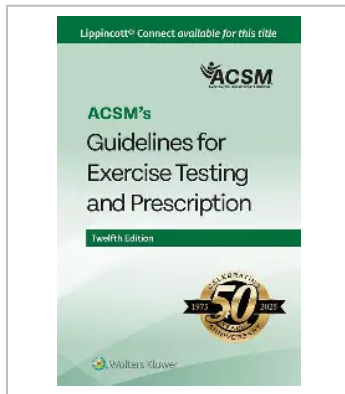
Winter Term

Week	Dates	Topic	Things due
1	Jan 4	2 nd Half Introduction	
2	Jan 11		Winter Learning Contract (Jan 17)
3	Jan 18	Seminar 4	Case Study Presentations in class
4	Jan 25		January InPlace Timesheet (Jan 31)
5	Feb 1	Seminar 5	Case Study Presentations in class
6	Feb 8		Deliverable (Feb 8)
7	Feb 14-22	Reading Week	
8	Feb 22	Seminar 6	Deliverable Presentations in class February InPlace Timesheet (Feb 28)
9	Mar 1		
10	Mar 8	Seminar 7	Deliverable Presentations in class
11	Mar 15		
12	Mar 22	Seminar 8	Deliverable Presentations in class
13	Mar 29		March InPlace Timesheet (Apr 4)
14	Apr 5		Preceptor Performance Appraisal 2 (Apr 10)

Course Materials You May Acquire and Their Costs

Required Reading:

The College of Kinesiologists of Ontario Core Competencies and Practice Standards and Guidelines and other resources are available on www.coko.ca and these will be very informative for your placement.



Recommended Textbook:

ACSM's Guidelines for Exercise Testing and Prescription (12th edition), by ACSM & Ozemek Cemal, published by Wolters Kluwer, 2025, ISBN: 9781975219215. This is available for \$88.25 at the [Dellelce Family Bookstore](#), US\$58.99 on the [publishers website](#) or CA\$86.50 on [Canadian shopping websites](#).

Older editions are acceptable and note that this textbook will also be used in KIN 3402, KIN 3412 and KIN 4412.

Assessments and Evaluation

Below is the evaluation breakdown for the course. Any deviations will be communicated.

Assessment	Format	Weight	Due Date	Flexibility
Learning Contract ¹	Written	8%	Sep 27 Jan 17	72-hour no late penalty ²
InPlace Timesheet ³	Log	12%	Oct 4 Nov 1 Dec 6 Jan 21 Feb 28 Apr 4	72-hour no late penalty ²
Presentation – Placement ⁴	Oral presentation	10%	Oct 19 Nov 9, 30	Present on 1 of 3 dates ⁵
Presentation – Case Study ⁴	Oral presentation	10%	Jan 18 Feb 1	Present on 1 of 2 dates ⁵
Deliverable ⁶	Written/video	10%	Feb 8	72-hour no late penalty ²
Presentation – Deliverable ⁴	Oral presentation	10%	Feb 22 Mar 8, 22	Present on 1 of 3 dates ⁵
Preceptor Appraisal ⁷	Preceptor completes	40%	Dec 10 Apr 10	Not applicable

Notes:

1. Complete one **Learning Contract**, using the template provided on Brightspace, at the beginning of your placement each term. These are worth 4% each for a total of 8% of your final grade. In the learning contract, in collaboration with your supervisor, you will list your

academic, practical and personal growth learning objectives, action plans and measures of success.

2. Students are expected to submit this assignment by the deadline listed. Should extenuating circumstances arise, students are permitted to submit their assignment up to 72 hours past the deadline without a late penalty. No Academic Consideration is required for this extension. Students submitting their assessment beyond the extended deadline will receive a mark of zero. Academic Consideration requests may be granted only for extenuating circumstances that **began before** the deadline and **lasted longer** than the extension. With approved considerations submission timelines will be decided on an individual basis in consultation with advisors and the instructor. Students must not provide medical or compassionate documentation to the instructor.
3. Using **InPlace**, complete your **Timesheet** on a regular basis. This will log the number of placement hours you have completed. Note that you should aim to complete 6-8 hours per week, or 75 hours per term for a total of 150 hours. As well as logging your hours provide comments (on InPlace) as to what these hours entailed. You are responsible for ensuring that the preceptor validates these hours/comments on InPlace. At the end of each month (September, October, November, January, February, March) the Course Instructor will evaluate the hours/comments on your InPlace Timesheet after the due dates noted above. There are 6 months to complete, worth 2% each, for a total of 12% of your final grade. Late or missed InPlace Timesheets without academic consideration will receive a score of zero. With approved considerations submission timelines will be rescheduled on an individual basis in consultation with advisors and the instructor.
4. **Presentations:** You will deliver three 5 to 10-minute **oral presentations** to your peers and instructors detailing 1) your **placement** (What does it entail? What do you have to do? What are your learning goals? What does a typical shift look like at your placement?), 2) a **case study** (your experience with a client: How did they present? Which assessments did you do? What were your findings? What was your plan of action? What did you do? What was the outcome?), and 3) your **deliverable** (Why did you choose this deliverable? How will it be useful? How has it been received by the stakeholders?). Each presentation will be worth 10% of your final grade. If you are using a slideshow, please submit this on Brightspace by 23:59 EST the day before your presentation. If you miss your presentation without Academic Consideration, you will receive a score of zero. If you miss your presentation with Academic Consideration, this will be rescheduled, if possible, or else may be submitted as a video, or other format, as agreed with the instructor.
5. **Seminar/Presentation dates:** Please see the sign-up sheet on Brightspace for a list of dates on which you can make your presentations and select the dates most suitable for you.
6. **Deliverable:** Create a deliverable for your placement site. From what you have learned about your placement and the services provided, can you produce something that will be of benefit to the owners, staff or clients of the placement site? This may take the form of a written document, a poster, an infographic, a video presentation, or any format that you feel is appropriate. Submit this to Brightspace by 23:59 EST on February 8th.
7. Your preceptor will complete a **preceptor appraisal form** at the end of each term. In this, they will evaluate your initiative and enthusiasm, ability to interact and communicate with others, the quality of your work and your professionalism. These are worth 20% each for a total of 40%.

General information about assessments

- All assignments are due at 23:59 EST unless otherwise specified. Late or missing assignments without academic consideration will receive a zero.
- You are responsible for ensuring that the correct file version is uploaded; incorrect submissions including corrupt files will receive a zero.
- After an assessment is returned, you should wait 24 hours to digest feedback before contacting your evaluator; to ensure a timely response, reach out within 7 days.

- ✓ Requests for regrading must include a written explanation and evidence showing how the work meets the assignment criteria or rubric. Requests without a clear justification will not be considered.
- ✓ Prior to the filing of a written request for relief, you must attempt to resolve the concern regarding a mark or grade through informal consultation with the instructor. If you are dissatisfied with the decision of the instructor or you do not receive a decision from the instructor, a written request for relief must be submitted to the Undergraduate Chair of the School offering this course, within three weeks from the date that the mark was issued.
- ✓ The table below outlines University-wide grade descriptors.

Letter grade	Number grade	Description
A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work which is clearly above average
B	70-79	Good work, meeting all requirements, and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable
F	below 50	Fail

Rounding of Grades (for example, bumping a 79 to 80%)

This is a practice some students request. The final grade documented is the grade that you have achieved. There is no rounding to the next grade level, or ‘giving away’ of marks. Please don’t ask me to do this for you; the response will be “please review the course outline where this is presented”.

INC (Incomplete Standing): If a student has been approved by the Academic Advising Office (in consultation with the instructor/department) to complete term work at a later date, an INC will be assigned. Students with INC will have their course load in subsequent terms reduced to allow them to complete outstanding course work. Students may request permission from Academic Advising to carry a full course load for the term the incomplete course work is scheduled.

SPC (Special examination): If a student has been approved by the Academic Advising Office to write a Special Examination and the final exam is the only outstanding course component, an SPC will be assigned. If the class has a makeup exam, the student is expected to write the makeup exam. If the class doesn’t have a makeup exam or the student misses the makeup exam for reasons approved by the Academic Advising Office, the student will write the exam the next time the course is offered. Outstanding SPCs will reduce the course load for the term the exam is deferred as outlined in [Types of Examinations](#) policy.

Academic Policies and Statements

Support Services

There are various support services around campus and these include, but are not limited to:

1. Academic Support and Engagement - <http://academicsupport.uwo.ca>
2. Wellness and Well-being - <https://www.uwo.ca/health/>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

The websites for Registrarial Services (<http://www.registrar.uwo.ca>), and the same for affiliated university colleges when appropriate, and any appropriate Student Support Services (including the services provided by the USC listed here: <http://westernusc.ca/services/>) and the Student Development Services, should be provided for easy access.

Students who are in emotional/mental distress should refer to <https://www.uwo.ca/health/> for a complete list of options about how to obtain help.

Statement on Gender-Based and Sexual Violence

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at:

https://www.uwo.ca/health/student_support/survivor_support/get-help.html.

Statement on Harassment and Discrimination

Western is committed to providing a learning and working environment that is free of harassment and discrimination. All students, staff, and faculty have a role in this commitment and have a responsibility to ensure and promote a safe and respectful learning and working environment. Relevant policies include Western's Non-Discrimination/Harassment Policy (M.A.P.P. 1.35) and Non-Discrimination/Harassment Policy – Administrative Procedures (M.A.P.P. 1.35). Any student, staff, or faculty member who experiences or witnesses' behaviour that may be harassment or discrimination **must report the behaviour** to the Western's Human Rights Office. Harassment and discrimination can be human rights-based, which is also known as EDI-based, (sexism, racism, transphobia, homophobia, islamophobia, xenophobia, antisemitism, and ableism) or non-human rights-based (personal harassment or workplace harassment).

Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>

Absence from Course Commitments

Students must familiarize themselves with the Policy on [Academic Consideration – Undergraduate Students in First Entry Programs](#)

Students missing course work for medical, compassionate, or extenuating circumstances can request academic consideration by completing a request at the [central academic consideration portal](#). Students are permitted one academic consideration request per course per term **without**

supporting documentation. Note that supporting documentation is **always** required for academic consideration requests for examinations scheduled by the office of the registrar (e.g., December and April exams) and for practical laboratory and performance tests (typically scheduled during the last week of the term).

Students should also note that the instructor may **designate** one assessment per course per term that requires supporting documentation. This designated assessment is described elsewhere in this document. Academic consideration requests may be denied when flexibility in assessment has already been included. Examples of flexibility in assessment include when there are assessments not required for calculation of the final grade (e.g. 8 out of 10 quizzes), when there is flexibility in the submission timeframe (e.g. 72 hour no late penalty period), or when timed assessments (e.g., quizzes) are available over an extended period of time (e.g., when you are given a 72 hour time period to start – and finish – the assessment).

Please note that academic considerations in this course are granted by the academic advisors in your home unit and implemented by the instructor of this course in accordance with information presented in this course syllabus. Supporting documentation for academic considerations for absences due to illness should use the [Student Medical Certificate](#) or, where that is not possible, equivalent documentation by a health care practitioner. If your absence relates to accommodations that are already supported by [Accessible Education](#), please work with your accessible education counsellor regarding your missed course work.

Accommodation for Religious Holidays

Students should review the policy for [Accommodation for Religious Holidays](#). Where a student will be unable to write examinations and term tests due to a conflicting religious holiday, they should inform their instructors as soon as possible but not later than two weeks prior to writing the examination/term test. In the case of conflict with a midterm test, students should inform their instructor as soon as possible but not later than one week prior to the midterm.

Special Examinations

A Special Examination is any examination other than the regular examination, and it may be offered only with the permission of the Dean of the Faculty in which the student is registered, in consultation with the instructor and Department Chair. Permission to write a Special Examination may be given on the basis of compassionate or medical grounds with appropriate supporting documents. To provide an opportunity for students to recover from the circumstances resulting in a Special Examination, the University has implemented Special Examination dates. The Faculty of Health Sciences has set School-specific dates for these Special Examinations. Please speak with your instructor about the date on which the Special Examination for this course will be held.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the policy on [Scholastic Discipline for Undergraduate Students](#).

Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the

reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (www.turnitin.com).

For group assignments, all members share responsibility for academic integrity. Plan your work so the group has time to review the full submission and ensure all sources are appropriately used and cited. In the absence of a scholastic offence, everyone gets the same mark, so work with the rest of your group in a proactive fashion.

Use of Artificial Intelligence (AI) for the Completion of Course Work

Within this course, you may only use artificial intelligence tools (e.g., “ChatGPT”) in ways that are specifically authorized by the course instructor. All submitted work must reflect your own thoughts and independent written work.

Re-submission of Previously Graded Material

Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

Use of Statistical Pattern Recognition on Multiple Choice Exams

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

Accessibility Statement

Please contact the course instructor if you require material in an alternate format or if you require any other arrangements to make this course more accessible to you. You may also wish to contact Accessible Education (AE) at 661-2111 x 82147 for any specific question regarding an accommodation or review [The policy on Accommodation for Students with Disabilities](#). If you think you may qualify for ongoing accommodation (e.g. separate room to write exams, flexibility with deadlines, etc.) that will be recognized in all your courses, we encourage you to visit [Accessible Education](#) for more information.

Correspondence Statement

The centrally administered e-mail account provided to students will be considered the individual’s official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at their official university address is attended to in a timely manner. Students are further expected to attend to announcements presented through Brightspace, and to read emails generated in this way.

Use of Electronic Devices During Exams

Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices (e.g., cell phones, tablets, cameras, smart glass, smart watches, or iPods) during ANY tests, quizzes, midterms, examinations, or other in-class evaluations. **These devices MUST either be left at home or with your belongings at the front of the room. They MUST NOT be at your test/exam desk or in your pocket. Any student found with a prohibited device will be referred for investigation of a Scholastic Offence, per the policy listed above. The typical first-offence penalty for possession of a prohibited device is zero on the test or exam.**

Use of Electronic Devices During Lectures and Tutorials

Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class.

Copyright and Audio/Video Recording Statement

Course material produced by faculty is copyrighted and to reproduce this material for any purposes other than your own educational use contravenes Canadian Copyright Laws. Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

Contingency Plan for an In-Person Class Pivoting to 100% Online Learning

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on Brightspace for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

Online Proctoring

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

Academic Appeals and Scholastic Offences

Students can file a **request for relief from academic decisions** if the request is based on one or more grounds listed in the policy. Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services sections of this document.

Students may **appeal** some academic and scholastic disciplinary decisions by a Dean or their designate, to the Senate Review Board Academic (SRBA). Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services section of this document.