

Western University
Faculty of Health Sciences
School of Kinesiology

**KIN 4590 - Clinical Kinesiology Placement
Fall 2021/Winter 2022**

<p>Instructor: Dr. Marc Mitchell, RKin PhD Office: Arts & Humanities Bldg Rm 3R12B Email: marc.mitchell@uwo.ca Phone: 519/661-2111 x87936 Office Hrs: By appointment</p> <p>Experiential Learning and Placement Coordinator: Lisa Metselaar, LLB, MEd Office: HSB 219 Email: lmetsela@uwo.ca Phone: 519/661-2111 x88959 Office Hrs: By appointment</p> <p>TAs: None.</p>	<p>Lectures: Mo 2:30pm - 4:30pm (only 2-3 times per term; see Seminar dates below)</p> <p>Fall 2021 Instruction Mode: TC - 343</p> <p>Winter 2022 Instruction Mode: TC - 343</p>
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NOTE: All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

Calendar Course Description (including prerequisites/anti-requisites):

This course offers students the opportunity to apply concepts and professional practice skills by gaining kinesiology experience working directly with clients/patients to optimize 'performance' (i.e. in sport) or 'health' (i.e. prevention and/or management of chronic disease and impairment).

Prerequisite(s): Registration in the B.A. Honours Specialization in Clinical Kinesiology.

Extra Information: One hour/week online with class/self-reflective journal/blog; two 2-hour class meetings in person every 4 weeks; Routine meetings and peer-facilitated discussions about professional experiences will encourage the development of reflective practitioners. Issues related to the intersection of theory and practice will be explored. Electronic video conferencing will be used for weekly discussions to reduce travel by students from dispersed. Students will be permitted to take a maximum of 1.0 credits from [Kinesiology 4495](#), [Kinesiology 4498A/B](#), [Kinesiology 4585](#), [Kinesiology 4590](#), [Kinesiology 4995F/G](#), [Kinesiology 4996F/G](#).

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

NOTE: If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be forwarded to your academic counsellor.

My Course Description

This course is intended to provide students with a 'hands-on' learning experience in the very important and growing field of Clinical Kinesiology. Having been introduced to Clinical Kinesiology practice in their course work (e.g., kinesiology in Ontario healthcare, ethics/privacy, program models, clinical assessment, exercise prescription, note taking) students will have the opportunity to turn theory into practice in this exciting 8-month clinical placement opportunity. Placements will occur in person and virtually in hospital- and community-based chronic disease prevention and management programs, for example, and other contexts (e.g., sport or performance-based opportunities, digital health companies) as well. Students will develop and refine clinical and non-clinical skills that fall within a Registered Kinesiologist's Scope of Practice throughout their placement (see The College of Kinesiologists of Ontario's Scope of Practice under 'Standards and Resources' at www.coko.ca). A Registered Kinesiologist's Scope of Practice is broadly defined in Ontario's 2007 Kinesiology Act as: "*The assessment of human movement and performance and its rehabilitation and management to maintain, rehabilitate or enhance movement and performance.*" Throughout the placement students will engage in a reflective practice, completing monthly logs/diaries and participating in regular group discussions with their professor, placement coordinator and classmates to critically analyze their experiences and further develop the skills needed for professional employment. Students can expect 6-8 placement hours per week and 2-4 reflective practice hours per month.

Learning Outcomes/Schedule:

Upon completion of this course, students will be able to:

1. **Identify and delineate** a Registered Kinesiologists place within the Ontario healthcare system as well as the core competencies (from the Scope of Practice) required to do the job. (Knowledge)
2. **Compare and contrast** different ways of triaging and enrolling clients/patients, of obtaining informed consent and protecting personal health information, communicating as part of an inter-disciplinary team, taking a medical history and performing a clinical assessment, counselling physical activity or prescribing exercise, and ensuring the safety of yourself and your client/patient. (Analysis)
3. **Synthesize** research and practical knowledge about the Clinical Kinesiology profession and determine how these might be applied your clinical or non-clinical setting. (Comprehension)
4. Begin to **Develop** several core competencies expected of Registered Kinesiologists in Ontario. (Application)
5. **Further develop** abilities to *critically reflect* upon own clinical and non-clinical experiences through diary completions and participation in group seminars. (Reflection)

Required Course Material:

Any required readings will be posted on OWL.

Go to The College of Kinesiology of Ontario [website](#) for information on RKin Practice Standards and Guidelines as well.

Also, go to www.preceptor.ca for practical learning modules related to your placement.

Finally, go to <https://www.swselfmanagement.ca/> for very valuable health "coaching" resources.

Course Evaluation:

1. Learning contract	October 4, 2021 January 14, 2022	10% (2x5%)
2. Preceptor performance appraisal	December 3, 2021 April 1, 2022	30% (2x15%)
3. Diary entry (reflective practice)	Monthly (end of each month)	15%
4. Seminar presentations	September 27, 2021 October 18, 2021 November 15, 2021 January 10, 2022 February 7, 2022 March 7, 2022	15%
5. Seminar participation	Same dates as above	10% (5x2%)
6. Final deliverable and 2-min presentation e.g., topical report, clinical/research deliverable, entrepreneurial project (e.g., new patient pamphlets, presentation at clinical rounds, scientific abstract/poster, policy brief, business plan)	March 14, 2022	20%

Assignments are due as stated in the course syllabus and will not be accepted late, except under medical or other compassionate circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. A missed mid-term examination, without appropriate documentation will result in a zero (0) grade. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents, illness or death) or similar circumstances.

Course/University Policies

1. Statement on Use of Personal Response Systems (“Clickers”)

If Personal Response Systems (“Clickers”) are used in the course, a reference to the Guidelines for their use (Guidelines are shown below). Instructors are to communicate clearly to students information on how clickers are used including: how the student’s privacy will be protected, how clickers may be used by the instructor for data gathering and for evaluating the students, and why they cannot be used by anyone but the student (since the students involved in misuse of a clicker may be charged with a scholastic offence).

2. **Academic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com <http://www.turnitin.com>

B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

3. Electronic Device Usage:

During Exams - Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any of the following electronic devices during ANY of the tests, quizzes, midterms, examinations, or other in-class evaluations: cellphones, smart phones, smart watches, smart glasses, audio players or recorders of any sort, video cameras, video games, DVD players, televisions, laptop/notebook/netbook computers, flashlights or laser pointers.

During Lectures and Tutorials: Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. Please be respectful to your fellow students and turn the sound off. If the professor receives complaints from other students regarding noise or other disruptive behavior (e.g. watching videos on YouTube.com, updating your Facebook status, playing Solitaire), your classroom privileges will be revoked. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class. **Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.**

4. Health and Wellness:

Information regarding health and wellness-related services available to students may be found at <http://www.health.uwo.ca/>.

Students who are in emotional/mental distress should refer to Mental Health@Western (<http://www.health.uwo.ca/>) for a complete list of options about how to obtain help.

5. Support Services

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health & Wellness -- <http://www.health.uwo.ca/>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombudsperson Office -- <http://www.uwo.ca/ombuds/>

6. Accommodation, Illness Reporting and Academic Considerations:

http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_12

Accommodation Policies

Students with disabilities work with Accessible Education (formerly SSD) which provides recommendations for accommodation based on medical documentation or psychological and cognitive testing. The accommodation policy can be found here: [Academic Accommodation for Students with Disabilities](#).

Academic Consideration for Student Absence

<https://www.uwo.ca/fhs/kin/undergrad/academic/consideration/index.html>

Students will have up to two (2) opportunities during the regular academic year to use an on-line portal to self-report an absence during the term, provided the following conditions are met: the absence is no more than 48 hours in duration, and the assessment for which consideration is being sought is worth 30% or less of the student's final grade. Students are expected to contact their instructors within 24 hours of the end of the period of the self-reported absence, unless noted on the syllabus. Students are not able to use the self-reporting option in the following circumstances:

- for exams scheduled by the Office of the Registrar (e.g., December and April exams)
- absence of a duration greater than 48 hours,
- assessments worth more than 30% of the student's final grade,
- if a student has already used the self-reporting portal twice during the academic year

If the conditions for a Self-Reported Absence are *not* met, students will need to provide a Student Medical Certificate if the absence is medical, or provide appropriate documentation if there are compassionate grounds for the absence in question. Students are encouraged to contact their Faculty academic counselling office to obtain more information about the relevant documentation.

Students should also note that individual instructors are not permitted to receive documentation directly from a student, whether in support of an application for consideration on medical grounds, or for other reasons. **All documentation required for absences that are not covered by the Self-Reported Absence Policy must be submitted to the Academic Counselling office of a student's Home Faculty.**

For Western University policy on Consideration for Student Absence, see [Policy on Academic Consideration for Student Absences - Undergraduate Students in First Entry Programs](#)

and for the Student Medical Certificate (SMC), see:

http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf.

Religious Accommodation

Students should consult the University's list of recognized religious holidays, and should give reasonable notice in writing, prior to the holiday, to the Instructor and an Academic Counsellor if

their course requirements will be affected by a religious observance. Additional information is given in the [Western Multicultural Calendar](#).

7. **Examination Conflicts:** A student with examinations having flexible submission times (e.g., where one or more examination is a take-home examination) cannot request alternative arrangements unless a conflict cannot be avoided by rescheduling writing the exam to a different time within the window specified by the instructor. This applies to direct conflicts as well as “heavy load” conflicts (e.g., three exams within a 23-hour period). The student should discuss any concerns about a potential conflict and/or request accommodation with their academic counselling unit prior to the deadline to drop a course without academic penalty

In the case of online examinations, an “Examination Conflict Room,” which may be assigned when a student is scheduled to write two proctored exams concurrently, will be interpreted as arrangements for continuous proctoring.

8. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.

Generally, students can expect some form of feedback on their performance in a course before the drop date.

- November 12th, 2021 (for first term half-courses)
- November 30th, 2021 (for full-year courses)
- March 7th, 2022 (for second term half-or full year courses)

A+	90-100	<i>One could scarcely expect better from a student at this level</i>
A	80-89	<i>Superior work that is clearly above average</i>
B	70-79	<i>Good work, meeting all requirements and eminently satisfactory</i>
C	60-69	<i>Competent work, meeting requirements</i>
D	50-59	<i>Fair work, minimally acceptable.</i>
F	below 50	<i>Fail</i>

Rounding of Grades (for example, bumping a 79 to 80%):

This is a practice some students request. **This practice will not occur here.** The edges of this course are clear and sharp. The mark attained is the mark you achieved and the mark assigned; there is no rounding to the next grade level, or ‘giving away’ of marks. Please don’t ask me to do this for you; the response will be “please review the course outline where this is presented”.

9. **Contingency Plan for an In-Person Class Pivoting to 100% Online Learning:** In the event of a COVID-19 resurgence during the course that necessitates the course delivery moving away from face-to-face interaction, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

10. **Online Etiquette:** Some components of this course will involve online interactions. To ensure the best experience for both you and your classmates, please honour the following rules of etiquette:

- please “arrive” to class on time
- please use your computer and/or laptop if possible (as opposed to a cell phone or tablet)
- ensure that you are in a private location to protect the confidentiality of discussions in the event that a class discussion deals with sensitive or personal material

- to minimize background noise, kindly mute your microphone for the entire class until you are invited to speak, unless directed otherwise
- [suggested for classes larger than 30 students] In order to give us optimum bandwidth and web quality, please turn off your video camera for the entire class unless you are invited to speak
- [suggested for cases where video is used] please be prepared to turn your video camera off at the instructor's request if the internet connection becomes unstable
- unless invited by your instructor, do **not** share your screen in the meeting

The course instructor will act as moderator for the class and will deal with any questions from participants. To participate please consider the following:

- if you wish to speak, use the "raise hand" function and wait for the instructor to acknowledge you before beginning your comment or question
- remember to unmute your microphone and turn on your video camera before speaking
- self-identify when speaking.
- remember to mute your mic and turn off your video camera after speaking (unless directed otherwise)

General considerations of "netiquette":

- Keep in mind the different cultural and linguistic backgrounds of the students in the course.
- Be courteous toward the instructor, your colleagues, and authors whose work you are discussing.
- Be respectful of the diversity of viewpoints that you will encounter in the class and in your readings. The exchange of diverse ideas and opinions is part of the scholarly environment. "Flaming" is never appropriate.
- Be professional and scholarly in all online postings. Cite the ideas of others appropriately.

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

11. Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>