Western University Faculty of Health Sciences
School of Kinesiology, School of Health Studies

KIN 3222B / HS 3300B
Systemic Approach to Functional Human Gross Anatomy
Winter 2023

Welcome to Anatomy! We're delighted to have you join us this term. In this course, we'll focus on understanding "cavity" anatomy, with specific attention to the neuro (brain & spinal cord + neurons), endocrine (glands + hormones), gastrointestinal – GI (digestion), urinary (bladder + kidneys) & genital systems. Anatomy is a fundamental discipline that will support your understanding of core concepts in health and disease in your degree ahead. It's cumulative, and voluminous in nature, so we encourage you to stay involved, ask questions and participate wherever you are able. This is a hybrid course. The majority of content will be delivered asynchronously online, and we'll meet in person to work in groups, answer big questions, and discuss cases! We look forward to meeting you soon!

Course Learning Outcomes:
By the end of the course you should be able to:

- explain the basic structure of the nervous system differentiating between the Central vs Peripheral nervous systems as well as Somatic vs Autonomic nervous systems
    - explain principles of neuronal conduction
    - describe ascending sensory and descending motor pathways in the spinal cord
- explain the structure and function of major body systems including the Nervous, Endocrine, Respiratory, Digestive, Urinary, and Genital Systems
- identify, and describe the basic function and structure of the main organs of the thorax and pelvis
- explain and predict, based upon clinical signs/symptoms, functional implications of nervous, endocrine, respiratory, digestive, urinary and genital system changes in aging and injury

Overall, the spirit of this course is to foster learning, critical thinking, active questioning, and an appreciation for health and disease from a gross anatomical perspective.

Instructors:

Dr. Danielle Brewer-Deluce, PhD
danielle.brewer-deluce@uwo.ca
(course coordinator)

Dr. Katelyn Wood, PhD
katelyn.wood@uwo.ca

Office Hours: hosted weekly via zoom or by appointment (consult OWL for more information)

TAs

TBA

General Course Info

Calendar Course Description:
A gross anatomical description of the structure and function of the human body focusing on systems responsible for maintaining the body (respiratory, digestive, urinary, endocrine), and for its continuation through the transmission of genes (reproductive system, developmental anatomy). Emphasis on the physiological functions as they relate to the anatomical structure

Antirequisite(s):
Anatomy and Cell Biology 3200A/B, Anatomy and Cell Biology 2221, Health Sciences 3300A/B, the former Anatomy and Cell Biology 3319.

Prerequisite(s):
Kinesiology 1060A/B, or Kinesiology 2222A/B or Health Sciences 2300A/B or Anatomy and Cell Biology 2200A/B

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Statement on Prerequisite Checking
Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites

NOTE: If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be forwarded to your academic counsellor.

All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

Contacting Us

We look forward to meeting you this term and supporting you throughout. Here are some tips for connecting with us and getting your questions answered.

Etiquette
We prefer to be addressed by Dr. Brewer-Deluce (or Dr. BD) and Dr. Wood, and we both use she/her pronouns. If you have a preferred name or pronoun that we get wrong, or if we mispronounce your name, please correct us. We want this to be a welcoming and comfortable space for all.

Email

These are professional communications, so be sure to treat them as such! Key components of a professional email include: addressing your recipient (title + spell their name correctly!), a clear and polite request, and a sign off from you. Whenever possible, please use your UWO email address to avoid spam blocking and note the course code (Kin 3222, HS 3300) in the email subject line.

And, if you don't hear back from us within 48 hours, please follow up. We do our best to stay on top of communications, but with hundreds of students in the course this can be tricky at times!

FAQ

What if I have a question about the course or content?

1. Check the syllabus & OWL first – this is our contract with you!

2. Email/speak to your TA. You will be seeing them weekly, and this will allow for quick and easy communication for everyone.

3. The forums are also a great option for getting an answer fast! The profs, TAs and other students can all chime in here. Chances are that if you have a question, someone else does too.

4. Email Dr. Brewer-Deluce or Dr. Wood for all other enquiries

I've spotted an error!

Check out the error-log on the forums and let us know what you've found! We're always working to improve the lectures and we'll respond inline here.

I have sensitive information (eg. academic accommodations) I need to address:

Please contact Dr. Brewer-Deluce or Dr. Wood directly. We're very happy to work with you to find a solution to problems you are encountering. This is a challenging course, and we're amid a challenging year. Please do not feel like you are alone, and please reach out for help.

LECTURES

Asynchronous, Online Modules on OWL

Lecture modules will be available 1 week before the listed dates in the syllabus. Each module includes:

- Interactive storyline video
- PDF of lecture slides
- Lecture captions

Expect to complete 2-4 modules per week -- do this before our in-person class

In-person Classes

Thursdays 9:30-1030am – AHB 1R40

These sessions will consist of small group work, time to work on your group assignment, solving cases, discussing/demonstrating important anatomy and difficult concepts. Whenever possible we will live-stream these sessions or post a recording for those unable to make it in person. That said, please do you best to be present (barring illness, in which case please stay home!) and coordinate times to work with your group

Group Work

This term, you'll be completing a small group assignment focussed on knowledge translation – we want you to take something you've learned in the course and make it accessible (and useful!) for a specific audience. To facilitate this, you will be assigned into small groups. It is our expectation that you be courteous of others time and efforts and do your best to participate and contribute to your team's final project. Part of your grade is based on your ability to collaborate and willingness to engage. At this point in your academic career we expect you have some experience working with others and in navigating inter-personal challenges. That said, we are here to support you with tackling major issues. Should something big arise that your group can't manage or navigate on your own, please contact Dr. Brewer-Deluce or Wood.

Additional Anatomy Resources

Anatomy.TV (https://guides.lib.uwo.ca/c.php?g=270739&p=1871478)
Available via the library (log in via the proxy), Anatomy.TV contains digital anatomical models which you can manipulate yourself using an internet browser window. Your TAs will be using this tool to demonstrate the anatomy in your laboratory sessions, and you're encouraged to use this, in conjunction with your text and class notes to gain an appreciation for the 3D nature of bodily structures.

Important Dates

Quiz 1	Neuro	Feb 2 – 3
Quiz 2	Endocine	Feb 9 – 10
	Reading Week	Feb 20 – 24
Midterm	Units 1-2	Mar 4, 9am
Quiz 3	GI	Mar 9 – 10
Quiz 4	Urinary	Mar 16 – 17
Quiz 5	Genital/Repro	April 6 - 7
Final Exam	Units 1-5	During Exam Period

Weekly Schedule

Every week, you are expected to complete the following:

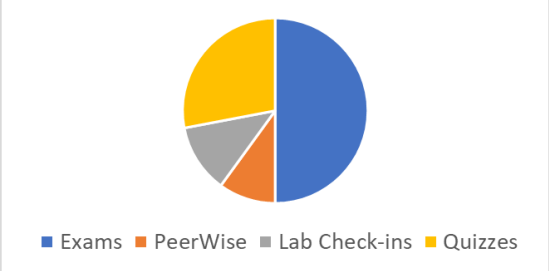
- 2-4 online modules (asynchronously via OWL)
- 1 in-person class session (Thursdays 9:30-10:30 – work in small groups!)
- Provide feedback on this week's content, including any questions you have regarding content (feedback forms & forums on OWL)
- some weeks will include a MCQ quiz covering the unit completed the week prior. All quizzes are due Fridays at 4pm, but open 48hrs prior.
- Complete MCQ practice online via PeerWise

Here's an outline of topics we will address in this course.

wk	Dates	Unit	Topic	
1	Jan 9 – 13	1: Neuro	1A	Terms, CNS + Brain Blood Supply
2	Jan 16 – 20		1B	PNS, Ascending/Descending Paths
3	Jan 23 – 27		1C	ANS
4	Jan 30 – Feb 3		1D	Special Senses
5	Feb 6 – 10	2: Endocrine	2A	Hormones + Glands
6	Feb 13 – 17	3: GI	3A	Digestive Tract
Feb 20-24 READING WEEK				
7	Feb 27 – Mar 3	3: GI Con't	3B	Liver + Accessory Organs
8	Mar 6 – 10	4: Urinary	4A	Kidney + Nephron
9	Mar 13 – 17		4B	Ureters, Bladder, Urethra
10	Mar 20 – 24	5: Genital + Repro	5A	Pelvic Floor, Penis + Testes
11	Mar 27 -31		5B	Uterus + Ovaries, Menstruation
12	Apr 3 – 7		5C	Pregnancy

Assessment

Evaluation in this course will be divided across 4 areas. Please note these are subject to change up until the start of the course.



1) **Midterm and Final exams (3) – 50% total**
   - All exams are cumulative.
   - Midterm 1: Neuro + Endocine (20%)
     - THERE IS NO MAKEUP MIDTERM EXAM. If missed for legitimate reasons, this 20% will be transferred to the final
   - Final Exam: Midterm content + GI, Urinary & Genital (30%)

2) **Unit Quizzes (4) – 6% each. 24% total**
   - 15 MCQ quiz, at the end of each unit on Owl. Due 4pm on Friday Afternoons, though open for 48 hours prior
   - There will be 5 in total, only your top 4 scores will be included. This means that you can miss one quiz without penalty. This will include any quiz missed for academic accommodation
   - A quiz cannot be submitted after it has been returned to the class, thus THERE ARE NO MAKEUP QUIZZES.
   - Missed quizzes without approved documentation will be given a grade of zero; with approved documentation, weight will be redistributed to the next quiz (to a maximum of three).

3) **Group Assignment – 16% total**
    - Working in a small group, complete a knowledge translation-based assignment. Details & rubric will be
    - Grade based on quality of final product, but also ability and willingness to engage with group

4) **Peerwise Participation. 10% total**
    - Create 10 questions for your peers for 2.5% max
    - Answer + rate 30 questions from your peers for 7.5% max
        - Each unique question created/answered = 0.25%

Academic Integrity ☑

ONLINE ASSESSMENT

In this course, many of our assessments (quizzes) occur asynchronously, and online. This means that different people may have access to an assessment at a different time than you do. I wanted to remind you of a few things:

1) You should treat these tests like a test you would write in a room physically located on campus, with proctors. It carries with it all of the same university-wide rules, regulations and penalties.

2) **These are NOT open book tests. These are NOT group tests. They are INDIVIDUAL tests.** Please complete them as such

3) You will need to agree to the "Honor Pledge" prior to writing your quiz. Doing so indicates you understand your responsibility uphold the integrity of the assessment by not discussing, posting, or sharing information about it until the assessment grades are released.

4) Please note that failure to comply with this policy may be considered academic misconduct or a breach of the student code of conduct which may carry a range of penalties.

We recognize the value of collaboration and teamwork and will offer multiple opportunities throughout the course to do so. Please use laboratory and review sessions to work as a group and reserve quizzes, the midterm and final exams to show us what you know and have learned.

Missed Exams

Only under exceptional circumstances will permission be granted for writing an exam on an alternate date (legitimate medical, religious or academic reasons (e.g. varsity sport athlete)). If the exam was missed due to illness, proper documentation must be provided to the School office (academic counselor) as soon as possible (see university policies below for further instruction). You must contact us, your course instructors, to let us know that you have missed the exam.

There will be NO make-up exam for the midterm. If approved, course weighting for the midterm exam (15%) will be reassigned to the final exam. The final written makeup examination may consist of short and long answer questions, case studies and/or image-based questions based on anatomical and clinical material from lectures.

Academic Consideration

The University recognizes that a student's ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances, including short-term illness or injury. Reasonable academic consideration is a cooperative process between the University, the student, and academic staff. All participants in the process must act in good faith, and fulfil their respective obligations, if it is to succeed.

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant as to temporarily render them unable to meet academic requirements, may submit a request for academic consideration through the following routes:

(i) For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner, in order to be eligible for Academic Consideration; or

(ii) For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to academic advising office in their faculty of registration, in order to be eligible for academic consideration.

Students seeking academic consideration:

- Are advised to consider carefully the implications of postponing tests or midterm exams or delaying handing in work;
- Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally appropriate
- **Must communicate with their instructors no later than 24 hours** after the end of the period covered by the SMC, or immediately upon their return following a documented absence;
- **Are advised that all necessary documentation, forms, etc. are to be submitted to academic advising office within two business days after the date specified for resuming responsibilities**

COVID-related items

There are several buffers built into this course to help ensure your success throughout the term, even if you fall ill or are unable to attend class in person. For example:

- Your lowest quiz grade will be dropped
- In-person sessions are not mandatory

If you feel unwell, please don't come to campus. All course resources are posted online, on OWL

We also encourage you to wear a mask while attending in-person. These are small group sessions where we hope you can learn and practice together. We will be following Western's masking mandate, at a minimum, and hope you'll join us in working to keep our sessions as safe for everyone as possible.

Although the intent is for this course to be delivered in-person, the changing COVID-19 landscape may necessitate some or all of the course to be delivered online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g.,

posted on OWL for students to view at their convenience). The grading scheme will not change. Any assessments affected will be conducted online as determined by the course instructor.

When deemed necessary, tests and examinations in this course will be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide personal information (including some biometric data) and the session will be recorded. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: https://remoteproctoring.uwo.ca.

Copyright

Lectures and practice resources are intellectual property and are copyrighted by Western University. They are not to be uploaded on sites like CourseHero or other similar study resource sites. Copyright infringement and takedown requests will be filed if you upload these resources. You are not permitted to make audio or video recordings of class or laboratory presentations, without specific written authorization of the course instructor. Similarly, you may not reproduce or distribute any materials that are provided to you by the course instructor, unless you receive specific written authorization to do so. Violation of this course policy will be evaluated as per the Student Code of Conduct, available here: http://www.uwo.ca/univsec/pdf/board/code.pdf

How to Succeed in this Course (and all of your other ones in fact!)

As a university student, you are responsible for your learning – but that doesn't mean you are on your own! There are an incredible amount of resources and support available to you throughout your studies. Still, a major hurdle students experience is not knowing how to time manage or study effectively – here's some resources & tips to get you started:

Studying Effectively

Tactics like highlighting and rereading feel good, but actually aren't the most effective strategies for long-term knowledge retention. Anatomy is challenging for most because of the volume of information, and the integration required between systems and topics to understand how the body functions as a whole. This is where that long-term retention is critical. The most effective way to study is via a technique called ***successive relearning*** in which you quiz yourself, practice recalling answers and space out your studying. Here's how you do it:

1) Figure out what to study, and when. Plan out several smaller sessions across a week instead of one big one. For the biggest advantage, plan to begin reviewing material 2 days after you've learned it. Use your calendar to plan this out
2) Practice recalling information. It may be as simple as covering up text or labels in your notes and trying to remember what was there (you can even leave gaps to write in your answers), or creating flashcards to practice with.
3) Do this often, and replace information that you easily recall successfully with more challenging or new information as your courses progress.
4) The workbook will help with this!

For more information on how and why successive relearning works, and links to additional reliable resources check out this OpEd in the Conversation Canada Written by Dr. BD.

Time Management

1) Pull out your calendar now… right now.
2) Make sure you schedule in all of the non-negotiable dates and times (like in person-lectures, quizzes/exams, due dates, family gatherings, holidays, work commitments, etc).
    - For important dates/appointments set reminder emails. For example, 2 weeks before an essay is due, set a reminder that the deadline is coming.
3) Look at each of your courses and identify what tasks you will need to complete weekly. Physically schedule them in. This should include online course components, quizzes, assignments, and studying

Around those, schedule in other aspects of your daily life. For example, time for eating + meal prep, sleeping, household chores, working out, spending time in nature, hobbies and interests. It feels silly to lay everything out – but once you know how much time you have, and you have a plan you're far more likely to be successful

Course/University Policies

1. The website for Registrarial Services is http://www.registrar.uwo.ca.

In accordance with policy, the centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at his/her official university address is attended to in a timely manner.

2. Academic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, in the Academic Calendar (westerncalendar.uwo.ca).

Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (www.turnitin.com).

Re-submission of Previously Graded Material

Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

Use of Statistical Pattern Recognition on Multiple Choice Exams

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

3. Use of Electronic Devices

During Exams: Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices during ANY tests, quizzes, midterms, examinations, or other in-class evaluations.

During Lectures and Tutorials: Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to

time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class. **Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.**

Personal Response Systems ("clickers") may be used in some classes. For those classes in which we use this technology, it is your responsibility to ensure that the device is activated and functional. You must speak with the course instructor immediately, if you have any concerns about whether or not your clicker is malfunctioning.

You must use only your own clicker. For all components of this course in which clicker records are used to compute a portion of the grade:

- The use of somebody else's clicker in class constitutes a scholastic offence;
- The possession of a clicker belonging to another student will be interpreted as an attempt to commit a scholastic offense

4. Academic Considerations and Absences from Lectures and Assessments

Religious Accommodation

When a course requirement conflicts with a religious holiday that requires an absence from the University or prohibits certain activities, students should request (in writing) any necessary academic considerations at least two weeks prior to the holiday to the academic counsellors in their Home Department. Additional information is provided in the Western Multicultural Calendar.

Academic Accommodation

Please contact the course instructor if you require lecture or printed material in an alternate format or if any other arrangements can make this course more accessible to you. Students with ongoing accommodation needs within this course are also encouraged to contact Accessible Education, which provides recommendations for accommodation based on medical documentation or psychological and cognitive testing. The policy on Academic Accommodation for Students with Disabilities can be found here.

Academic Consideration

The University recognizes that a student's ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances that are medical or compassionate in nature. These extenuating circumstances may be acute (short term), or it may be chronic (long term), or chronic with acute episodes. In all cases, students are advised to consult with the academic counsellors in their home units, at their earliest opportunity. Academic counsellors may refer students to Accessible Education for ongoing academic accommodations.

Most forms of academic consideration require documentation, and this documentation is to be submitted to academic counsellors within five (5) business days of their return to academic responsibilities. Any such documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy. Once the petition and supporting documents have been received and assessed, appropriate academic considerations shall be determined by academic counseling, in consultation with the student's instructor(s). Academic

considerations may include extension of deadlines, waiver of attendance requirements for classes/labs/tutorials, arranging Special Exams or Incompletes, re-weighting course requirements, or granting late withdrawals without academic penalty. Academic considerations shall be granted only where the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. (Note – it will not be sufficient to provide documentation indicating simply that the student "was seen for a medical reason" or "was ill.").

Whenever possible, students who require academic considerations should provide notification and documentation in advance of due dates, examinations, etc. Under no circumstances are students expected to submit rationales for (or documentation of) any absences, to course instructors. Students are, however, required to follow-up with course instructors, in a timely fashion, to identify the ways in which the academic consideration will be implemented.

Examination Conflicts

A student completing tests or examinations with flexible submission times (e.g., where one or more evaluation is a take-home assessment) cannot request alternative arrangements unless a conflict cannot be avoided by rescheduling writing the exam to a different time within the window specified by the instructor. This applies to direct conflicts as well as "heavy load" conflicts (e.g., three exams within a 23-hour period). The student should discuss any concerns about a potential conflict and/or request academic considerations with their academic counselling unit prior to the deadline to drop a course without academic penalty

In the case of online tests and examinations, use of a "Conflict Room," wherein student can write two proctored exams concurrently, will be interpreted as arrangements for continuous proctoring.

5. Contingency Plan for an In-Person Class Pivoting to 100% Online Learning

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will not change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

6. Online Proctoring

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide personal information (including some biometric data) and the session will be recorded. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service,

including technical requirements, is available on Western's Remote Proctoring website at: https://remoteproctoring.uwo.ca.

7. Grades

Where possible assignment objectives and rubrics will be posted on OWL.

Generally, students can expect feedback on their performance in a course before the drop date.

- November 12th, 2022 (for first term half-courses)
- November 30th, 2022 (for full-year courses)
- March 7th, 2023 (for second term half-or full year courses)

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work that is clearly above average
B	70-79	Good work, meeting all requirements and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable.
F	below 50	Fail

Rounding of Grades (for example, bumping a 79 to 80%):
This is a practice some students request. The final grade documented is the grade that you have achieved. There is no rounding to the next grade level, or 'giving away' of marks. Please don't ask me to do this for you; the response will be "please review the course outline where this is presented".

Appealing a Grade Within this Course
You have the right to appeal any grade within this course. The grounds for a grade appeal may be one or more of: medical or compassionate circumstances, extenuating circumstances beyond the student's control, bias, inaccuracy, or unfairness. All grounds advanced in a request for relief must be supported by a clear and detailed explanation of the reasons for the request together with all supporting documentation.

Appeals generally proceed in this order:

1. Course instructor (informal consultation)
2. Department Chair (submission of written request)
3. The Dean of the Faculty (submission of written request)

In the case of perceived procedural unfairness, steps 2 and 3 are carried out within the Department and Faculty offering the course. In the case of extenuating medical or compassionate circumstances that impact on a grade, steps 2 and 3 are carried out within a student's Home Department and Faculty.

A request for relief against a mark or grade must be initiated with the instructor as soon as possible after the mark is issued. In the event that the instructor is not available to the student, or fails to act, or if the matter is not resolved satisfactorily with the instructor, a written request for relief must be submitted to the Chair of the Department within three weeks of the date that the mark was issued. In the case of a final grade in a course, the written request for relief must be submitted to the Chair of the

department by January 31st (for first-term half courses) or June 30th (for second-term half courses or full-year courses

8. Support Services

Health and Wellness:
As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. Information regarding health and wellness-related services available to students may be found at http://www.health.uwo.ca/.

Students who are in emotional/mental distress should refer to Mental Health@Western (http://www.health.uwo.ca/) for a complete list of options about how to obtain help.

There are various support services around campus and these include, but are not limited to:

- Student Development Centre -- http://www.sdc.uwo.ca/ssd/
- Ombudsperson Office -- http://www.uwo.ca/ombuds/

9. Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit https://www.uwo.ca/univsec/pdf/board/code.pdf

10. Online Learning Support: If you require support with online learning tools and resources, please refer to the Faculty of Health Sciences Online Teaching and Learning Support Jira request links for students