

LEARNING

DEVELOPMENT & SUCCESS

Make a Weekly Plan

ACTIVITY:

Here is a copy of our weekly calendar to help you make a plan for a typical week. You can click the image below and it will take you to a printable version of this calendar. First, print off your weekly course schedule provided to you by Western. Then, transfer your weekly class schedule on to this calendar. Your next task is to allocate weekly time that you will dedicate to each of your courses per week. Keep in mind the equation we discussed in the module, you want to plan for at least 1 to 2 hours of independent learning time for each course hour per week.

WEEKLY CALENDAR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30-8:30 AM							
8:30-9:30 AM							
9:30-10:30 AM							
10:30-11:30 AM							
11:30-12:30 PM							
12:30-1:30 PM							
1:30-2:30 PM							
2:30-3:30 PM							
3:30-4:30 PM							
4:30-5:30 PM							
5:30-6:30 PM							
6:30-7:30 PM							
7:30-8:30 PM							
8:30-9:30 PM							
9:30-10:30 PM							
10:30-11:30 PM							

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